



BALMACEWEN  
INTERMEDIATE

Dear Parents/Caregivers

The Year 8 students will be participating in a triathlon this term, as part of their fitness focus and as part of our Challenge unit for Term Four. The components are a 75m swim (Use of float boards is allowed in the non competitive section), three laps of Peter Johnstone Park for the bike ride and two laps of Memorial Park for the final run. The emphasis is on participation and giving this activity a go.

The children can enter individually (competitive) or as a house team (non competitive). We are having our Year 8 Triathlon on **Friday the 7th November from 9.30-12.30pm**. The triathlon is finished with a sausage sizzle to celebrate the day.

This will take place at the Mosgiel Community pool, Memorial Park and Peter Johnstone Park. We will all meet at school and bus to the venue. The cost for the day is \$6 per student which has been charged to your school account.

As with any event of this magnitude your assistance is required to make this event possible. If you are able to help out as a marshal and course supervisor and especially with the transportation of bikes, then can you please return the below slip by Friday 24th October.

This promises to be a great day.

Kind Regards

Year 8 Teachers



**Triathlon Permission Slip**

I give permission for .....of Rm .... to participate in the Year 8 Triathlon on Friday 7th November

I am able to help as a Marshal/course supervisor      Yes/No

I am able to help with the transportation of bikes      Yes / No

I have a Bike Rack / Trailer and can carry .....bikes

Name..... Email .....

*Learning is forever*